



CPC Junior Cheer Code of Conduct

For Cheerleaders and Parents

The Cedar Park Christian Junior Cheer (CPCJC) is a Christ centered program that is dedicated to the promotion of school spirit while emphasizing Godly character, leadership, discipline, teamwork as well as enhancing each cheerleader's self-esteem and physical fitness. Therefore, CPCJC requires all cheerleaders and parents to read, understand, and adhere to the following Code of Conduct. Disciplinary action can be taken if the Code of Conduct is not maintained.

- Be respectful and responsible to all coaching staff and cheerleaders at all levels.
- Work hard and have a positive attitude giving 100% at all times.
- Assist your fellow cheerleaders with encouragement and any extra help you can offer.
- Participate in warm-ups and be dedicated to learn all cheers and dances.
- Adhere to and uphold the above CPCJC mission statement.
- Attend 100% of practices and games. If unable to attend due to illness or family emergency let coach know ASAP. If you do not attend a practice or a game without prior communication, consequences will apply.

To achieve 100% success we need 100% participation. Therefore, attendance to practices and games are crucial for your child, and the entire squad. We take behavior and/or attendance issues very seriously; we ask that you do as well. Pre-arranged absences will still count as an absence; however just like missing class they are expected to make arrangements to get caught up. Absences WILL affect your child's participation in games.

Cheerleaders are therefore expected to:

- Attend and be on "Eagle Time" for all practices, games and events. "Eagle Time" = 10 minutes prior to practice and at least 30 minutes prior to game time.
- Contact the coach as early as possible before a game, practice or event if she will be late or cannot attend due to illness or family emergency.
- Have all cheer equipment and uniform pieces at all times. If one girl forgets a part of the uniform she will not cheer or the rest of the squad must modify their attire to match.
- Adhere to cell phone policy – no cell phone use during practices and games

Parents are expected to:

- **Be positive and supportive!** Remember the best way to get positive behavior is to model it yourself.
- **Be respectful!** If concerns or issues arise, please wait 24 hours and pray before confronting the coach for discussion. Also, please do not discuss your concerns with other parents or cheerleaders. Let's keep the issues isolated to the parties involved.
- **Call on coach for help!** We want to address any and all of your concerns. Allow us to come along side you in any way we can to promote resolution and strong relationships.

CPCJC has a "zero tolerance" policy for any drug or alcohol use. Evidence of drug or alcohol use by a cheerleader at any time will result in immediate expulsion from the CPCJC program.

Cheerleader Signature

Date

Parent Signature

Date