



## **Junior Cheer Frequently Asked Questions**

**Q: What age does my daughter have to be to participate in Jr. Cheer?**

A: CPCJC is open to girls ages 6-14 who are in **\*Grades 1<sup>st</sup> through 8<sup>th</sup>\*** (also open to girls in 9<sup>th</sup> grade for those attending "Junior High").

**Q: Does my child need to attend Cedar Park to participate?**

A: No. This program is open to all girls in the community with an interest in cheerleading.

**Q: Does my daughter have to be a Christian to participate in CPCJC?**

A: No. *However*, please be aware that this is a distinctly Christian program! Christ is in all aspects of CPC Jr Cheer practices and games. Our goal is to be ambassadors for Christ, His church and His people.

**Q: I'm not sure that cheer will be her thing, but I am thinking about registering my daughter to try it out. What would you recommend?**

A: If you are unsure if CPC Jr Cheer is a good fit for your daughter or your family, please carefully consider the following; *unlike many recreational activities for elementary & middle school age kids, CPC Jr Cheer is an extremely structured program with an intense, mandatory practice and game schedule similar to "Select" level sports!*

If your daughter simply wants to "try" cheerleading, it is recommended that you first have her try a one-day cheer camp or similar activity. There are numerous camps around the community, including periodic camps offered by the Cedar Park high school cheer squad throughout the year. There are also week-long summer cheer camps available through Cedar Springs Camps. (However, for cheerleaders who are ready to commit to the season, no experience is necessary or required prior to joining CPC Jr Cheer!!)

For any cheerleaders who decide not to continue with CPC Jr Cheer once the season has started, a partial reimbursement of the registration fee will be offered through the first week of practice. No refunds of registration fees will be issued for cheerleaders who participate beyond the first week of practice.

**Q: Will my daughter be cheering with and for kids her own age?**

A: Girls of similar ages are combined to form each squad, to the best of our ability and based on registration numbers. (The goal of CPC Jr Cheer is to eventually expand our program and grow to have a squad for each football team.) Each registered cheerleader will be updated in late June to early July as to which squad they will be on, with squad rosters compiled based primarily on age, with consideration within age groups of team dynamics.

Each squad is assigned to cheer for football teams within *similar* ages and grades – *please note that we cannot guarantee that cheerleaders will be cheering for siblings or class/age mates on specific CPC Jr Football teams.*

**Q: I have a son playing football. Will my daughter be cheering for his team?**

A: Each squad is assigned to cheer for football teams within *similar* ages and grades – *please note that we cannot guarantee that cheerleaders will be cheering for siblings or class/age mates on specific CPC Jr Football teams.*

Field location and game times are also a factor in scheduling, along with the age of the boys playing.

**Q: When do practices begin?**

A: Practices begin the first Monday in August

**Q: I've heard the practice schedule is rather demanding. What does it entail?**

A: Beginning in **August** mandatory practices are **M-Th from 6-8pm.**

**After Labor Day**, practice will shift to **Tuesdays and Thursdays from 6-8pm.**

Note: If your child has missed practices, this will impact her eligibility for cheering at the games. However, as members of a team, *all cheerleaders are expected to attend all applicable games along with their teammates*, even those cheerleaders who are not actively cheering (due to injury, ineligibility, etc).

**Q: How long does the season run?**

A: The season goes through the second week of November (including the end-of-season awards night).

**Q: When are the games?**

A: All regular season games are on Saturdays. **Each Squad will typically cheer for two games per Saturday** (games will be back-to-back and in the same location).

\*\*Detailed game schedules are NOT available until the season is underway! The league is constantly having to rearrange games due to field availability, wins and losses. The coaches will distribute the schedule as immediately as possible as it is released. Please be aware that sometimes there is advanced notice of the schedule, and sometimes it is released less than 5 days ahead of a given Saturday.

**Q: Will the girls have the opportunity to compete?**

A: No. At this time, the focus of CPC Jr Cheer is to be ambassadors for Christ within the context of the CPCJF program, and the NJFL league.

**Q: I don't have any cheer experience but I typically make myself available to participate in my daughters activities. Do you have a role for me in this program?**

A: **YES!** We have numerous areas for you to serve. This program is built solely on volunteers. We need head coaches, assistant coaches, team moms, help with the spirit wear and concessions.

**Q: I have already registered my daughter for another fall sport. Can my daughter still participate in cheer?**

A: The time commitment required to complete the CPC Jr Cheer season safely and with integrity is not conducive to participation in other fall sports. *For the safety of every member of each squad, Cheerleaders will be expected to attend all practices and Saturday games.*

Cheerleading specifically requires formations for routines and stunting, and these formations cannot be altered easily – changes required due to absences for other fall sports become a physical risk to all involved. ***If you register your daughter for cheer, it will be expected that she commits fully to this sport and this program for the duration of the season.***

**Q: What will my daughter be wearing?**

A: Traditional and classicly styled cheer uniforms will be provided. This consists of a skirt with briefs, a shell with long sleeved liners, uniformed shoes, bows and jackets.

Please take a moment to visit our web page [www.CPCJF.org](http://www.CPCJF.org)!  
You can also find us on Facebook at: Cedar Park Christian Junior football

If you have any additional questions or concerns please feel free to email our  
Cheer Director Emily Neal at: [Cheer@cpcjf.org](mailto:Cheer@cpcjf.org)